

MONDAY, JUNE 18, 1979

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GENERAL SESSIONS

09.00 OPENING CEREMONY

Hedda Lindahl, Minister of Health  
Valfrid Paulsson, President National Smoking and Health  
Association (NTS)  
Olle Hillerdal, President of the conference

09.45 Break

MAIN THEME: HEALTH AND SOCIETY - THE IMPACT OF SMOKING

10.00 Keynote presentation :

Global efforts for better health - the role of smoking  
control - Mahler, WHO

Subtheme: Smoking - a worldwide health problem

11.00-12.00 Limitation of smoking - possibilities for prevention of  
disease

- a) Typical features in industrialized countries (Godber, UK)
- b) Typical features in developing countries (Sulianti Saroso,  
Indonesia)

Subtheme: Smoking and Health

13.30-17.00 Symposium on medical sciences (6 speakers, each one covering  
a pertinent item by delivering position statements concen-  
trating on recent advances.) Moderator : Fletcher, UK.

Items :

- 15.00-15.30 - Mortality in various countries (Donovan, Australia)
- (Break) - Lung cancer (Flamant, France)
- Other cancers (Hirayama, Japan)
- Cardiovascular disease (Hammond, USA)
- Smoking in women (J. Peto, UK)
- Smoking and occupation (Carlens, Sweden)

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TUESDAY, JUNE 19, 1979

GENERAL SESSIONS

Subtheme: Smoking and Society (Main theme : "Health and Society - the Impact of Smoking" continued)

08.30-10.00 Symposium on social and behavioural sciences (4 speakers, each one covering a pertinent item by delivering position statements concentrating on recent advances)  
Moderator : Horn, USA.

Items :

- How smoking behaviour develops in an individual (Horn, USA)
- Adults smoking - patterns and trends (Erben, FRG)
- Juvenile smoking - patterns and trends (Bewley, UK)
- Smoking is a dependency disorder (Russel, UK)

10.00-10.30 Break

10.30-12.00 Symposium on economic and other relevant sciences (5 speakers, each one covering a pertinent item by delivering position statements concentrating on recent advances.)  
Moderator : Forbes, Canada.

Items :

- ✓ - Agricultural aspects on growing tobacco and alternative crops (Aberg, Sweden)
- ✓ - Economic advantages and disadvantages related to the production of tobacco (Marongui, FAO)
- ? ✓ - Company policies in relation to international marketing of tobacco (Clairmonte, UNCTAD)
- Special problems of developing countries (Ossoubita, Gabon)
- Economic losses to the society due to smoking (Ramström, Sweden)

AFTERNOON SESSION. Chairman : Lenfant, USA).

MAIN THEME: ACTION FOR SMOKING CONTROL

13.30 Keynote presentation :

- ✓ Smoking reduction - an integral part of health policies (Califano, USA)

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Subtheme: Establishing non-smoking policies

- 14.15 The present situation in smoking control - a worldwide review (Gray, Australia)
- 14.40 Goals and methods - basic principles for the design of smoking control programs (Ramström, Sweden)
- 15.00 Break
- 15.30-17.00 Panel discussion on "Governmental policies on smoking and health". Moderator : Bjartveit, Norway.  
Panel: (unreadable) ; Buhl, France; Daube, UK; Elo, Finland

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SPECIAL INTEREST SESSIONS

Morning

A) Less harmful cigarettes. Chairman : Kunze, Austria

Contributed papers to be presented :

Laboratory studies on cigarettes sold in Finland, Leppanen, Finland.

A chemical assessment of the potential hazard of Canadian cigarettes. Rickert and Robinson. Canada.

Studies on the mouth level exposure of smokers to nicotine. Robinson and Rickert, Canada.

Progress in producing safer tobacco for less harmful cigarettes. Tso, USA.

Who smokes less harmful cigarettes? Vutuc and Gredler, Austria.

B) Smoking and youth. Chairman : Vellar, Norway

Contributed papers to be presented :

Le tabagisme des jeunes français. Coudreau and Chicou, France.

2045545005

Health promotion in youth - The Know Your Body program in Norway. Tell, Norway.

Social psychological determinants of smoking in young adolescents. Johnson, Murray, Hurd and Luepker, USA.

Methods and results of complexe longtime-experiences concerning childrens smoking habits, age group 13/14 to 16. Goldberg, GDR.

An antismoking programme for 13 years old school children. Pallonen, Puska, Koskela, Ruotsalainen, Vartiainen, Lahtinen and Norppa, Finland.

C) Health professionals as educators. Chairman : Puska, Finland

Contributed papers to be presented :

Strategies to increase adoption by physicians of patient education techniques for cigarette smoking cessation. Flynn and Li Wang, USA.

From campaign for stop smoking to pupil care. Grape, Sweden.

Physician intervention in smoking control among pregnant women who smoke. Insel, USA.

Smoking cessation results of the multiple risk factor intervention trial (MRFIT) at two years. Pechacek, Ockene, Luepker and Mittelmarm, USA.

Afternoon

A) Passive smoking. Chairman : Lindell, Sweden

Contributed papers to be presented :

Amounts of smoke constituents inhaled by passive smoking. Astrup and Hugod, Denmark.

The Pennsylvania study on long term passive smoking. Miller, USA.

The health damages of forced smoking. Schmidt, FRG.

Passive smoking - medical, social, legal and economic action. Aarflot, Norway.

2045545006

B) The use of mass media. Chairman : Rimer, USA

Contributed papers to be presented :

A comprehensive television smoking cessation programme in Finland. Koskela, Puska and Pallonen, Finland ; McAlister and Maccoby, USA.

C) Action at school. Chairman : Loransky, USSR.

Contributed papers to be presented :

Enquete sur les opinions des enseignants sur le tabagisme chez les écoliers. Golli, Rumania.

Smoking at school, the problem of teachers and pupils. Kannas and Nukari, Finland.

Prevention of cigarette smoking in youth. Luepker, Hurd, Pechacek, Bast and Johnson, USA.

An antismoking programme for 13 years old school children. Pallonen, Puska, Koskela, Ruotsalainen, Vartiainen, Lahtinen and Norppa, Finland.

Peer leadership to help adolescents resist pressures to smoke tobacco. Perry, USA.

Effect of a school smoking programme on parents' smoking behaviour. Reid, UK.

For a school free from smoking. Helde, Sweden.

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FREE COMMUNICATIONS SESSIONS

Morning

A) Non-smoking policies on national, regional and local level.

Chairman : Bergdahl, Sweden.

08.30 Smoking control in Scotland. Player, UK.

08.45 The role of the independent scientific committee on smoking and health in the United Kingdom. Fairweather, Nelmes and Milner, UK.

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- 09.00 The introduction of a smoking control and intervention policy in South Africa. Baird, South Africa.
- 09.15 Considerations of the role of taxation as a method of modifying smoking patterns. Thompson and Forbes, Canada.
- 09.30 The role of tobacco agriculture in smoking and health policies. Miller, USA.
- 09.45 A review of non-smoking provision in England and Scotland. Gooding and Hillhouse, UK.
- 10.00 Break
- 10.30 California's recent experience with smoking legislation. Fasal, USA.
- 10.45 The Stockholm County Program Against Smoking - An example of activity on the regional level from Sweden. Oderstedt, Sweden.
- 11.00 Experiences with no-smoking areas in Swiss restaurant. Spillman-Thulin, Switzerland.
- 11.15 A smoking policy for hospitals. Ball, UK.
- 11.30 Health activities by the people. Von Holst and Ejnell, Sweden.
- B) Studies on smoking cessation. Chairman: Arvidsson, Sweden.
- 08.30 Clinical applications of a broad-spectrum behavioral treatment for smoking. Lando, USA.
- 08.45 A research/service smoking clinic. Lichtenstein, USA.
- 09.00 Analysis of relapse episodes following smoking cessation. Shiffman, USA.
- 09.15 The picture-association method and its application in the smoking cessation therapy. Tahy, Hungary.
- 09.30 Comprehensive self-control in smoking cessation : An alternative to rapid smoking. Fisher, Lowe, Green, Kurtz and Ashenberg, USA.
- 09.45 Experiences in "Five-day plan to stop smoking" clinics in Finland. Hirv, Finland.
- 10.00 Break
- 10.30 Smoking behaviour at one year in participants at 5 day plans in Belgium. Kornitzer, Gheysens, Lannoy and Ravet-Ramioul, Belgium.
- 10.45 Long term results of group therapy and nicotine chewing gum in smoking cessation. Hjalmarsson, Sweden.

2045545008

- 11.00 Micro analysis of smoking behaviour after nicotine and non-nicotine cigarettes and nicotine and non-nicotine chewing gums. Götestam and Götestam, Norway
- 11.15 Nicotine containing chewing gum in smoking cessation. A double blind trial with half year follow-up. Björkqvist, Koskela and Puska. Finland.
- 11.30 Smoking cessation through simple instructions, nicotine chewing gums, and cognitive methods. Melin, Sweden and Götestam, Norway.
- 11.45 A controlled trial of nicotine replacement therapy in a smoking withdrawal clinics, Bee, UK.

Afternoon

A) Smoking and the cardio-vascular system. Chairman: Hay, New Zealand

- 14.15 Carbon monoxide kinetics immediately following simulated cigarette smoking. Karnik, USA.
- 14.30 Effect on serum cholesterol and serum triglyceride levels in rabbits continuously exposed to 50 ppm carbonyl sulphide. Kamstrup and Hugod, Denmark.
- 14.45 Morphological investigations on histotoxicity of gas phase constituents of tobacco smoke in the rabbit. Hugod and Astrup, Denmark.
- 15.00 Smoking and the diseases of the blood vessels of extremities. Milosevic Radivojevic, Rafailovic and Tubic, Yugoslavia.
- 15.15 Break
- 15.45 The study of relationship between coronary heart disease and smoking. Colakovic, Yugoslavia.
- 16.00 Coronary screening and compliance study to stop smoking. Saxena, Australia.
- 16.15 The effects of cigarette and nicotine chewing gum (Nicorette) on the blood pressure, heart frequency and skin temperature in healthy smokers. Sjögren and Fredholm, Sweden.
- 16.30 The relationship of cigarette smoking to blood pressure : A longitudinal study. Sparrow and Rowe, US
- 16.45 Smoking and central blood circulation at rest and during exercise. Timisjärvi, Kuikka, Hirvonen and Kari-Koskinen, Finland.
- 17.00 Nicotine mediated effects during adrenergic blockade with respect to plasma nicotine/cotinine and COHb-levels. Spohr, Hengen, Harenberg, Mörl, Vedsei and Weber, FRG.

2045545009

B) Special questions with regard to a) intervention activities and b) exposure to tobacco smoke.

Chairman : Hauknes, Norway.

- 14.15 Reducing cardiovascular risk among hypertensives by antismoking health education. Elo, Tuomileht, Nissinen and Puska, Finland.
- 14.30 Influences of smoking to health status in school-children taken as sample. Colakovic, Yugoslavia.
- 14.45 Community education on smoking through school children. Kawano, Japan.
- 15.00 Comprehensive school pupils' knowledge of the tobacco law and the health hazards of smoking in Finland. Kannas, Finland.
- 15.15 Recent trends in smoking population and cessation methods in Japan. Hayashi, Japan.
- 15.30 Smoking cessation groups as a part of the anti-smoking programme of North Karelia Project. Koskela, Björkqvist and Puska, Finland.
- 15.45 Break
- 16.15 The inhaling habits of pipe and cigar smokers. Turner, Sillett and McNicol, UK.
- 16.30 Mutagenicity of cigarette smoke condensates and trial to reduce the mutagenicity. Sato, Makino, Takahashi, Nagao and Sugimura, Japan.
- 16.45 The influence of tobacco smoke on the secretory activity of kidney juxtaglomerular cells. Mujovic, Lackovic, Radmilovic and Mujovic, Yugoslavia.
- 17.00 Experimental model for evaluation of the toxic effect of tobacco smoke. Radmilovic, Mujovic and Mujovic, Yugoslavia.
- 17.15 Effect of anosmia on smoking habits. Peatfield, UK.

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WEDNESDAY, JUNE 20, 1979

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GENERAL SESSIONS

Morning session. Chairman : Saralegui-Padron, Uruguay.

08.30 Special address: "Reaching the female world". By Mildred Scheel, FRG.

Subtheme: Preventing the on-set of smoking (Main theme: "Action for smoking control" continued)

09.00 The multi-step process of starting smoking - different possibilities for intervention (Wake, Canada).  
How young people feel about smoking - typical reactions at different ages (Wake, Canada).

10.00 Break

10.30-12.00 Symposium on preventive action (4 speakers, each one covering a pertinent item by delivering position statements concentrating on recent advances). Moderator: Hellberg, Finland.

Items :

- Mass media activities to prevent smoking (Buhl, France)
- Activities at school (B. Schwartz, USA)
- Youth organizations (Algard, Sweden)
- Regulations and other social discouragements (Aarø, Norway)

Afternoon session. Chairman : Senault, France

Subtheme: Changing smoking behaviour. (Main theme: "Action for Smoking Control" continued)

13.30 Priority and choice of goals - stopping completely vs less harmful ways of smoking (Abelin, Switzerland).

14.00 The multistep process of stopping smoking - the multitude of intervention needs (J. Schwartz, USA)

14.30 Break

15.00-17.00 Symposium on cessation activities (6 speakers, each one covering a pertinent item by delivering position statements concentrating on recent advances). Moderator: Erickson, USA.

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Items :

- Mass media activities (Nostbakken, Canada)
- Reaching the individual (at school, in the health care system, at places of work, in organizations) (Schwarz, GDR)
- The use of key-persons - training programmes and working materials (Gästrin, Finland)
- Preventing of relapses after smoking cessation (Baric, UK)
- Legislative measures supporting changes in smoking behaviour (Hay, New Zealand)
- Withdrawal symptoms as related to dependency (Krasnegor, USA).

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SPECIAL INTEREST SESSIONS

Morning

A) Smoking cessation techniques. Chairman: Ball, UK.

Contributed papers to be presented :

An approach to utilizing the physician to help smokers quit.  
Bratic and Ellis, USA.

Different smoking cessation methods evaluated at an ordinary doctor's practice. Ovhed, Sweden.

Some aspects on nicotine chewing gum as an aid to smoking cessation. Fernö, Sweden.

The problem of relapse in cessation of smoking. Lehrer, Israel

Physical dependence to nicotine as a determinant of success rate and physical abstinence responses, and the reduction of these responses in smoking cessation. Fagerström, Sweden.

Conditions for effective self-control of smoking. Brengelmann, FRG.

B) Coordination of efforts for community programmes.  
Chairman : Baumgartner, Canada.

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